

ECHOES FROM THE CHAPTER HALL

DAY NINETEEN

Our day began with a serene meditation on our body, a sacred pause that allowed our mind, body, and heart to relax in the presence of God. This moment of stillness prepared us to journey deeper within, embracing the grace that each new day offers.



With open hearts, we continued our reflective path, immersing ourselves in the orientations that have taken shape through the dedicated efforts of our various groups.

A deeply significant moment was the time we took to reconcile ourselves—a gentle and grace-filled encounter with our past. In acknowledging and embracing our wounds, we opened ourselves to healing, allowing God's love and grace to renew our spirits and restore our inner harmony.

